

Yuvy_cycle: Terms & Conditions

Date: 1 August 2026

Greetings to everyone joining me on this overseas bicycle trip. As a self-organized group, we are going to experience a beautiful and diverse journey together. Maximizing the trip experience relying heavily on the ability of each participant to contribute in good spirit to the group, during the rides as well as in the shared activities. We will stay together in various high-quality accommodations, ride through stunning scenery, experience long ascents and descents together, and pedal alongside streams and lakes. The cuisine will be excellent, and we will spend interesting evenings together in after-sports activities. First and foremost, however, the trip experience and the degree of enjoyment depend on us. We will feel like close friends and contribute together to the success of our trip. Usually, the matching of riders to the trip is fairly perfect (except for me), which is why every group so far has been successful and members have enjoyed themselves immensely.

Specific details regarding the trip will be provided separately (flights, vendor suggestions, and details of the rides abroad). Beyond its unique characteristics, every trip has common guidelines, which are detailed below:

Waiver of liability: Each rider is subject to the Yuvy_cycle rules regarding liability waiver for bodily harm, property, life/mind, and other damages related to the trip, as detailed in **Appendix A** herewith attached. This is an absolute prerequisite for participating in Yuvy_cycle group rides—during preparation rides and trip rides, both in Israel and abroad.

Required skills for riding abroad: Rides abroad are at a Cross-Country level. Occasionally, you may encounter difficult, overly rough sections of trail—the rule is, whenever there is a fear of falling or any other concern, dismount from the bicycle. The same applies to riding on paved roads—ride with extreme caution due to the risk of getting hit by traffic.

Riders embarking on rides abroad must be experienced mountain bike riders with the fitness and technique to negotiate ascents and descents of medium difficulty, capable of pedaling approximately 40 to 50 km per day, with daily elevation gains of around 600 to 900 meters. On electric bicycles, additional distances and elevations are possible.

Riding skills are acquired over time through regular cycling in your home country. Participants in overseas trips are recommended to train and take part in local rides at a particularly high frequency in the months leading up to the trip on routes that include bike paths, dirt roads (double tracks), singletracks, climbs, and descents. Practice riding techniques and build up

fitness.

In any case, every rider going abroad must depart in complete health and be fit for strenuous daily rides and dangerous roads.

Travel Insurance: Comprehensive travel insurance must be purchased as early as possible to cover non-departure caused by sudden health issues or other events.

Travel insurance must include coverage for trip cancellation, emergency medical evacuation, pre-existing conditions, personal accidents, extreme sports, private doctor care, search and rescue, comprehensive COVID-19 coverage, and baggage-loss insurance.

Rider Equipment:

- **Cycling equipment:** For those flying their personal bikes from Israel rather than relying on the bikes of the local vendor, ensure you have the following items: backpack, hydration bladder or water bottle (and a bottle cage for the bike), isotonic drinks, anti-chafing cream, energy gels, helmet (provided by the supplier), spare inner tube with sealant, tubeless repair plugs ("worms"), spare chain links, chain tool, rear derailleur hanger ("ear"), personal bandage, spray plaster, toilet paper, wet wipes, pump, spare valves, headlight and rear safety light, bandana, wind/rain jacket, Allen keys, small screwdriver, cycling glasses, and prescription glasses.
- **Must always be carried on your person while riding:** A photo copy of your passport, insurance policy w/contact info, emergency contact numbers in Israel, local foreign currency, and a credit card.
- **Riding clothing:** It is recommended to bring double sets for winter/summer as well as spare shoes—weather conditions can change and include rain and mud. Also bring a clothesline and clothes pins.
- **Group equipment:** First aid kit.
- **Personal medications:** Ensure you bring all routine personal medications as well as those for emergency situations. Also ensure you bring enough medical supplies to sustain a prolonged stay abroad, due to sudden flight cancellations.
- **General Equipment:** Mobile phone (with an international plan), charger, camera, 2-pin thin plug adapter (220V voltage), swimwear, light clothing, a light rain jacket/top layer (keep in mind it might rain), personal toiletries, Voltaren, anti-chafing cream, personal medications, headlamp, local cash preferably in small bills, a good book, and a musical instrument.
- **Documents:** Passport valid for at least 6 months, 2 passport copies, copies of

comprehensive travel insurance, cash in EUR/USD. Beyond payments to the supplier, it is generally advisable to bring around 300 EUR/USD for personal expenses and shopping.

Bike preparation for riding: Upon receiving the bicycle, inspect them carefully before acceptance that they are in working condition. Ensure all bolts and axles are properly tightened and secured. Take it for a quick ride to ensure correct sizing. Verify the proper condition of the chain, tires, gear shifters, suspension, cassette, and hubs—start riding only when everything functions smoothly and properly.

Some vendors require a cash deposit in foreign currency as well as a signed agreement.

In summary, only depart on a fully operational bicycle after inspection.

During rides, protect the bicycle from both damage and theft. Remember that bicycles are valuable and sensitive equipment; proper care will prevent unpleasantness resulting from damage.

Group organization abroad:

- **Internal Treasury:** It is recommended to elect a “Treasurer” for shared expenses, tips for the local guide and driver, and additional shared costs such as drinks or wine with meals.
- **Evenings:** If you wish to set up a "Culture Committee," you are welcome to do so. We will get acquainted during preparation rides and decide. Anyone playing a lightweight instrument (a flute, not an organ) is encouraged to bring it along. Photos taken during the ride can also be displayed on a screen. We will find places to go out outside the hotels, but sometimes we stay in remote, quiet villages where creating a local ambiance is up to us.
- **Daily schedule:** Generally, wake up at 06:30; breakfast at 07:00; depart on bikes or via transfer vehicle to the ride start at 08:00; short riding breaks every 10 km and/or every hour; towards midday, arrival at the new hotel or a stop for lunch along the way; afternoon, hotel arrival, check-in, rest, local wandering, or afternoon activities until 19:00; dinner at 19:30; group evening together until around 22:00 according to the location's character and group members' preference.

On arrival and departure days, the supplier transfers us to/from the airport. On the final riding day, bikes are returned. Depending on flight schedules, we aim to include some extras like a good farewell restaurant meal, city sightseeing, and last-minute shopping.

Riding protocol: Before every ride, a briefing will be held by the Ride Leader.

At the start of riding in India, emphasis must be placed on local riding procedures, especially with riding on the left side of the road.

During every ride, a Point Rider (front support to the Leader), a Mid-Pack Rider, and a Sweeper will be appointed. At every turn, make sure to leave a "Marshal" for directional guidance; once the group passes, the Marshal can re-join the Sweeper.

If a rider becomes fatigued or experiences a health or technical issue, stop immediately and assemble until the problem is resolved.

If technical terrain poses difficulties, do not hesitate to dismount and proceed on foot.

When riding on narrow paths, double tracks, or roads, do not cut off others and maintain safe distances between riders.

Alert others to any obstacle or technical issue via radio communication or by shouting to the rider ahead and behind.

Trip Routes: Routes are selected by the local supplier according to guidelines provided during trip planning, as well as the group's riding level while accommodating weaker riders. Every ride is lead by a local tour guide, and we are subject to his instructions.

No route changes will be made without approval from the local tour guide.

Anyone riding alone or leaving the group during a ride does so at their own risk.

All the above applies, *mutatis mutandis*, to anyone traveling by other means—in vehicles, cable cars, on foot, or by any other mode of transit.

In summary, please remember to enjoy yourselves immensely, support one another, and be happy—every overseas riding trip so far has been unique and enjoyable experience. At the same time, do not ride recklessly—the ultimate goal is to return home safely and share them photos & memories.

Yours truly,

Yuval Suskind

Appendix A: Yuvy_cycle - Rules and Waiver of Liability (Version 01.01.2026 ENG)

Introduction: The purpose of the Yuvy_cycle group (hereinafter: "**the Group**") is to voluntarily unite for the purpose of participating in bicycle rides in Israel and abroad to enjoy sports activities, camaraderie during vacations, and hobby pursuits (hereinafter: "**Riding**").

Riding includes road cycling and off-road cycling. "Off-road cycling" includes riding under difficult terrain conditions, including XC and All-Mountain riding, as well as riding under unpredictable terrain conditions (hereinafter: "**Off-Road Cycling Routes**").

Every cyclist who is a member of or joins the Group does so at their own risk, taking into account all physical and property risks involved in cycling, both on roads and off-road (hereinafter: "**Group Members**").

Yuval Suskind serves as the Group Leader at the request of the Group Members and handles all matters related to organizing Group rides (hereinafter: "**Group Leader**"). The Group Leader may appoint members to various roles related to the rides, provided they agree voluntarily (hereinafter: "**Group Role Holders**").

Group Members voluntarily accept all Group rules detailed in this document (hereinafter: "Group Rules") as follows:

Group Rules:

1. The Group Leader is authorized to conduct negotiations on behalf of all Group Members, in Israel and abroad, with travel agencies, airlines, guides, tour operators, hotels, restaurants, other accommodations, and service providers (hereinafter: "Suppliers") to organize rides for the Group in Israel and abroad.
2. **Group Role Holders:** The Group Leader may request Group Members to undertake tasks to maintain group safety and organization, including Ride Leaders, navigators, Sweepers, Marshals, Radio Handlers, First-Aid Carriers, Repair Technicians, and various logistical roles.
3. The Group Leader and Role Holders act for the benefit of the Group out of goodwill and voluntarily, without financial gain. They shall not bear personal liability for any failure or damage directly or indirectly related to the ride or its organization. For the avoidance of doubt, neither the Group Leader nor the Role Holders bear any liability for bodily, emotional, or financial damage.
4. Furthermore, the Group Leader and Role Holders bear no personal liability for any damage—physical, mental, property-related, or otherwise—caused to any rider due to criminal attack, terrorism, severe weather/storms, rockslides/ground collapse, contamination/illness from contact with or drinking contaminated water, contact with radiation-bearing materials, or any other similar event arising from the ride organization, the ride itself, or travel to/from the ride destination.
5. Members join the Group voluntarily at their own responsibility and may leave at any time or join other groups concurrently.
6. Every Group Member must hold personal accident insurance. Additionally, every member declares that when participating in overseas rides, they will hold comprehensive travel

insurance covering extreme sports, pre-existing conditions, loss/damage/theft of property, and medical evacuation (hereinafter: "**Insurances**").

7. **Off-Road Cycling Routes:** The cycling trip in India is not planned to include off-road trails. However, in coordination with Group Members, certain sections may involve off-road travel. Group Members declare awareness that rides take place on difficult, unfamiliar, and sometimes unmarked routes featuring dangerous rock obstacles, cliffs, steep ascents/descents with large rock steps, and occasionally harsh weather conditions. Map-based planning often differs from actual field conditions. Therefore, Group Members undertake not to raise any claim or grievance regarding bodily, mental, or property damage sustained while riding off-road.
8. All preceding clauses, risk descriptions, and liability waivers apply equally to riding on paved roads, highways, agricultural tracks, and urban routes, as well as third-party incidents (e.g., hitting pedestrians, strollers, animals, vehicles, or traffic accidents as defined by law) (hereinafter: "Paved Roads"). Members undertake not to raise any claims for damages sustained while riding on Paved Roads.
9. Group Members declare they are aware of all risks inherent to cycling (road as well as off-road), possess requisite experience and physical fitness, and have no medical or mental restrictions preventing their participation.
10. Group Members acknowledge that cycling is a hazardous sport due to terrain complexity and can lead to severe injury or death. Participating in group rides means each rider assumes full responsibility for all associated medical risks as if riding independently.
11. The Group Leader and Role Holders will do their best to ensure the organization meets members' satisfaction.
12. Group Members agree that the Group Leader and Role Holders are not subjected to complaints or legal claims, and are released from liability regarding route difficulties, health issues, personal conflicts, trail conditions, or expected/unexpected obstacles. Consequently, members commit to the following:
 - No member shall file a monetary claim against any other member or the Group Leader for bodily, mental, or property damage resulting from participation in rides.
 - For the avoidance of doubt, if a member or someone on their behalf files a claim against a Supplier or insurance company, and that party seeks subrogation against any Group Member or the Group Leader, the claiming member agrees to immediately indemnify the defendant for the full amount claimed.

- Group Members undertake not to complain against members or the Group Leader regarding road conditions, hotel/meal quality, flight arrangements, or trip planning/organization in Israel or abroad.
13. The Group Leader, Role Holders, and all members will do their utmost to contribute through mutual aid while maintaining a good, friendly atmosphere.
 14. Group Members received notification in the Yuvy_cycle WhatsApp group (and/or trip-specific WhatsApp/Facebook groups), read it thoroughly, and agree to its contents. Participation in rides arranged via WhatsApp constitutes binding acceptance of this document.
 15. The Group Leader may additionally request individual written signatures or personal WhatsApp confirmations.
 16. Signatures on subsequent pages form an integral part of this document.
 17. If an accompanying non-riding group travels via motorized vehicles, on foot, via cable car, or other means, all Group Rules apply to them *mutatis mutandis*.

The undersigned hereby confirm by signature that they have carefully read "Yuvy_cycle Terms & Conditions 010826" and Appendix A: "Yuvy_cycle – Rules and Waiver of Liability". The undersigned agree to their contents willingly, freely, and without reservation.

Full Name	ID Number	Date	Signature	Emergency Contact & Phone	Insurance Company
